

NEW BALANCE EXCELSIOR CLUB RECORDS – TRACK – MASTERS WOMEN

Distance	Name	Age	Team	Race Name	Location	Time	Year	Age-Graded Time	Age-Graded %
400m	---	---	---	---	---	---	---	---	---
800m	---	---	---	---	---	---	---	---	---
1500m	Lee D'Alessandro	40	NB Excelsior	PA/USATF Masters T&F Champs.	Folsom, CA	6:02.17	2009	5:39.80	67.83%
Mile	---	---	---	---	---	---	---	---	---
3000m	Lee D'Alessandro	42	NB Excelsior	Carpinteria H.S. Alumni Meet	Carpinteria, CA	13:11.94	2011	12:18.0	67.49%
2k Steeple	Lee D'Alessandro	41	NB Excelsior	USA Masters Outdoor T&F Champs.	Sacramento, CA	8:46.80	2010	N/A	77.76%
2 Miles	---	---	---	---	---	---	---	---	---
5000m	---	---	---	---	---	---	---	---	---
10,000m	---	---	---	---	---	---	---	---	---
50k	---	---	---	---	---	---	---	---	---
1 Hour Run	---	---	---	---	---	---	---	---	---

Note: Age-Graded Time and % is based on the 1994 Age-Grading Tables