

NEW BALANCE EXCELSIOR CLUB RECORDS – ROAD – SUPER SENIOR MEN

Distance	Name	Age	Team	Race Name	Location	Time	Year	Age-Graded Time	Age-Graded %
Mile	Jim Gorman	61	NB Excelsior	San Rafael Mile	San Rafael, CA	5:32.0	2010	4:25.1	84.65%
5k	Tom Bernhard	60	NB Excelsior	USATF National Masters 5k Champs.	Syracuse, NY	17:32	2011	14:22	90.31%
8k	Tom Mann	63	NB Excelsior	Shriner's Capitol Challenge	Sacramento, CA	44:35	2005	35:35	59.90%
5 Mile	---	---	---	---	---	---	---	---	---
10k	Jim Gorman	60	NB Excelsior	Marin Memorial Day	Kentfield, CA	38:51	2009	32:00	84.30%
12k	Ian Reid	61	NB Excelsior	Across The Bay	San Francisco, CA	50:57	2005	41:38	78.53%
10 Mile	Ian Reid	61	NB Excelsior	Cal 10	Stockton, CA	1:06:30	2005	54:30	81.97%
1/2 Marathon	Ian Reid	61	NB Excelsior	San Francisco Half	San Francisco, CA	1:28:28	2005	1:12:45	81.99%
30k	Ian Reid	60	Hoy's Excelsior	Clarksburg	Clarksburg, CA	2:17:48	2003	1:54:55	75.93%
Marathon	Ian Reid	61	NB Excelsior	Big Sur International	Big Sur, CA	3:34:04	2005	2:57:39	71.39%
50k	---	---	---	---	---	---	---	---	---

Note: Age-Graded Time and % is based on the 1994 Age-Grading Tables