

2009 TOP-25 ROAD & TRACK PERFORMANCES OF THE YEAR – OPEN MEN

Rank	Name	Age	Race Name	Distance	Time	IAAF Scoring	IAAF Rank	Purdy Scoring	Purdy Rank	Ath. Perf. %	Ath. Perf. % Rank
1	Jin Daikoku	25	Woody Wilson Track Invitational	2 mile	9:25.10	818	1	728	1	86.03%	1
2	Jin Daikoku	26	Silicon Valley Turkey Trot	5k	15:39	720	4	667	2	82.90%	2
3	Chikara Omine	26	Across The Bay	12k	40:03	*728	3	*666	3	81.65%	4
4	Jin Daikoku	25	Zippy	5k	15:52	685	9	647	5	81.76%	3
5	Cliff Lentz	44	Clarksburg	30k	1:48:59	**730	2	662	4	80.06%	9
6	Chikara Omine	26	NorCal John Frank Memorial	10 mile	55:39	*692	8	642	7	80.26%	8
7	Jin Daikoku	25	Big Sur	5k	16:05	650	14	628	9	80.66%	5
8	Chikara Omine	26	Marin Memorial Day	10k	33:44	669	10	627	10	79.96%	10
9	Chikara Omine	26	Silicon Valley Turkey Trot	5k	16:08	642	16	624	11	80.41%	6
10	Chikara Omine	26	Zippy	5k	16:09	640	17	623	12	80.33%	7
11	Chikara Omine	26	Run Wild	10k	33:52	659	12	621	13	79.65%	12
12	Chikara Omine	26	Big Sur	5k	16:15	624	18	615	15	79.84%	11
13	Pete Vicencio	43	San Jose Rock 'N Roll	1/2 Marathon	1:15:55	**693	7	617	14	78.57%	16
14	Pete Vicencio	43	Marin Memorial Day	10k	34:02	647	15	614	16	79.26%	13
15	Chikara Omine	26	San Francisco	Marathon	2:43:21	719	5	644	6	77.65%	23
16 tie	Iain Mickle	48	Marin Memorial Day	10k	34:23	622	19	600	18	78.45%	17
16 tie	Pete Vicencio	43	Shriner's Capitol Challenge	8k	27:06	*619	20	*598	19	78.65%	15
18	Grant Johnson	26	Mission Rock	5k	16:29	589	24	597	20	78.71%	14
19	Iain Mickle	48	NorCal John Frank Memorial	10 mile	57:22	*619	20	596	21	77.86%	22
20	Pete Vicencio	43	California International	Marathon	2:44:40	703	6	633	8	77.02%	29
21	Chikara Omine	26	Clarksburg	30k	1:52:41	**657	13	613	17	77.43%	25
22	George Torgun	31	Across The Bay	12k	41:56	*614	22	*595	23	77.98%	20
23	Chikara Omine	26	Kaiser Permanente	1/2 Marathon	1:17:03	**660	11	596	21	77.42%	26
24 tie	Iain Mickle	48	Valentine Run	4 mile	21:40	***579	25	***593	24	78.31%	19
24 tie	Cliff Lentz	44	Zippy	5k	16:33	579	25	593	24	78.39%	18

*Extrapolated from 10k point total. **Interpolated from 10k and marathon point totals. ***Extrapolated from 5k point total.

Note: Overall Rank is based on the IAAF Scoring Tables of Athletics (2001 Edition), the Purdy-Gardner Scoring Tables (1996 & 1970 Editions), and the Athletics Performance Calculator % (1994 Edition)